



केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation under the Ministry of Education, Govt. of India)

CBSE/DIR(ACAD)/ 2021

September 1, 2021

Circular No. ACAD-71/2021

All Heads of Institutions affiliated to CBSE

Subject: FIT India School Quiz 2021 – reg.

The Fit India Movement was launched in August, 2019 to popularize fitness as a way of life among citizens. Envisioned as a People's Movement, the endeavor has been to inculcate the philosophy that Fitness is Free, Fun and Easy among citizens of all age groups – from school children to senior citizens.

The Fit India Mission under the aegis of Sports Authority of India, Ministry of Youth Affairs and Sports has decided to launch Fit India Quiz for schools across the country in the Month of September, 2021 to create awareness about fitness and sports among school children.

The objective of the quiz is to

- provide a National platform to students to showcase their knowledge about fitness and sports
- create awareness among students about India's rich sports history, including centuries old indigenous sports, national and regional sport heroes of the past and how traditional Indian lifestyle activities hold the key to a Fit Life for all.

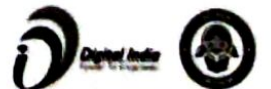
The quiz is the first National-Level Quiz for students which will give out total cash award of Rs.3.25 crore to schools and students. The quiz will also be the first-ever fitness and sports quiz to be telecast of India's one of the largest sport television channels - Star Sports as well as on National TV Channel. Students who make it to the national round as representatives of their school, will therefore get a change to showcase their talent before entire nation.

The quiz will be conducted in four rounds of the quiz will include the following:

1. **School Round:** To be conducted by the school to register the school students for the Preliminary Round.
2. **Preliminary Round:** To be a multiple-choice online country wide quiz
3. **State Round:** To be conducted by each State/UTs with the support form FIT India Mission amongst Schools qualified after preliminary round.



'शिक्षा सदन', 17 राऊज़ एवेन्यू, इंस्टीटूशनल एरिया, नई दिल्ली-110002
'Shiksha Sadan', 17, Rouse Avenue, Institutional Area, New Delhi – 110002





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4. **National Round:** Final round in which winning team of each State/UT will participate and fight for the TOP TITLE of the National Winner of FIT INDIA QUIZ 2021.

The detailed process of the Fit India Quiz is attached as annexure.

All school heads are requested to disseminate the above information amongst the students to ensure maximum participation in this Quiz.

Dr. Joseph Emmanuel
Director (Academics)

Encl.: As stated above
Copy to:

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18-Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
3. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110 054
4. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
5. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim -737101
6. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar -791 111
7. The Director of Education, Govt. of A&N Islands, Port Blair - 744101
8. The Director of Education, S.I.E., CBSE Cell, VIP Road, Junglee Ghat, P.O. 744103, A&N Island
9. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector 3, Rohini
10. The Additional Director General of Army Education, A -Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
11. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
12. The Under Secretary (Sch.3), Department of School Education and Literacy, Ministry of Education, Govt. of India, Shastri Bhawan, New Delhi-01
13. All Regional Directors/Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
14. All Joint Secretary/ Deputy Secretary/ Assistant Secretary / Analyst, CBSE
15. All Head(s)/ In-Charge(s), Centre of Excellence, CBSE
16. In charge IT Unit with the request to put this circular on the CBSE Academic website
17. In-Charge, Library
18. The Head (Media & Public Relations), CBSE
19. DS to Chairman, CBSE
20. SPS to Secretary, CBSE
21. SPS to Director (Academics), CBSE



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